

Poor Circulation Can Delay Wound Healing

Understanding how blood flow affects wounds can help prevent serious complications.

30
YEARS OF HEALING

Healogics®



Why Circulation Matters

Your circulatory system delivers oxygen and nutrients needed for a wound to heal. When circulation is reduced, wounds may not receive enough blood to repair damaged tissue. This can slow or stop healing and increase the risk of infection, hospitalization, or even amputation. Early treatment is essential.



Heart Health
and the Impact to Chronic Wounds

SMOKING REDUCES BLOOD FLOW

Smoking and vaping narrow and harden blood vessels, preventing oxygen and nutrients from reaching a wound. This greatly increases the risk of chronic, non-healing wounds. The good news: circulation begins improving within two weeks of quitting.



CONDITIONS LINKED TO POOR CIRCULATION

- Peripheral Artery Disease (PAD) or Coronary Artery Disease (CAD)
- Atherosclerosis
- Heart attack or stroke history
- Heart failure or valve disease
- Venous disease
- Diabetes

If you have any of these conditions, check wounds often and seek care early.

WAYS TO SUPPORT HEALTHY CIRCULATION

- Even small lifestyle changes can help improve blood flow:
- Move regularly, even with seated exercises
- Manage heart and vascular conditions
- Control diabetes
- Stop smoking or vaping

WHEN TO SEEK SPECIALIZED WOUND CARE

A wound may need expert care if:

- It does not improve within 2 weeks
- It does not heal within 6 weeks
- You have poor circulation or diabetes

Healogics provides specialized wound care and advanced therapies that support healing in complex wounds.



Don't wait. Early care can prevent complications.
Scan the QR code to connect with our wound care specialists today.

FIND. TREAT. HEAL.™

Healogics®