

30

YEARS OF HEALING

Healogics®



Heart Health & the Impact on Chronic Wounds

Nearly half of U.S. adults have heart disease—don't let it slow your healing

KNOW THE RISKS:

Research using national hospital data reveals that 75% of lower extremity amputations involve poor circulation¹

Poor Circulation

Poor circulation occurs when blood flow through your arteries, veins, and capillaries is reduced or obstructed, preventing oxygen and nutrients from reaching tissues efficiently. Waste products build up, tissues become oxygen starved, and healing slows.

Heart Disease

The most common type is coronary artery disease, which occurs when plaque builds up in the arteries that supply blood to the heart. This buildup narrows the arteries, reducing blood flow and oxygen delivery to the heart muscle.

Diabetes

High blood sugar damages blood vessels and nerves, reducing circulation and sensation, while also weakening immunity, creating the perfect storm for delayed repair.

High Blood-Pressure

High blood pressure narrows blood vessels and reduces circulation, making it harder for wounds to get the oxygen and nutrients they need to heal.

HEALTHY HEART, HEALTHY HEALING

- Keep blood pressure and blood sugar in check.
- Stay active to improve circulation.
- Eat heart-smart foods: fruits, vegetables, lean proteins.

ACT EARLY - DON'T WAIT!

- Slow healing can signal heart or circulation problems.
- Schedule a wound evaluation today.
- Early care prevents complications and supports recovery.



Don't wait. Early care can prevent complications.

Scan the QR code to connect with our wound care specialists today.

FIND. TREAT. HEAL.™

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¹American Heart Association. Reducing Nontraumatic Lower-Extremity Amputations by 20% by 2030: Time to Get to Our Feet. Circulation. 2021;143:e875-e891.