

# Foot Health



## and Chronic Wounds

### Who is at Risk

Anyone can develop a foot ulcer, but at greatest risk are those with:

- Diabetic Neuropathy (*loss of feeling in the foot*)
- Absent or diminished pulses
- Deformity of the foot
- A history of prior foot ulcers
- Previous amputation

### The Impact

**Patients with non-healing wounds or ulcers** may experience chronic pain, loss of function and mobility, increased social isolation, depression and anxiety, and are at risk for hospitalization, infection, and amputation.



### Seek Care

The timely detection and treatment of any wound can reduce risk of amputation and improve quality of life. Chronic, non-healing wounds need advanced wound care. Find a local Wound Care Center®, where healing happens.



Wound Care Centers® offer improved healing through advanced treatments.

Chronic wounds affect nearly 7 million Americans and commonly occur on the foot. A foot ulcer is a wound or sore that does not heal.

### Check Your Feet



**Take off your socks** at your next medical appointment. Check your feet regularly for red spots, swelling, cuts, or blisters.

### Types of Foot Wounds

