# APR Foot Health and Chronic Wounds

Chronic wounds affect nearly 7 million Americans and commonly occur on the foot. A foot ulcer is a wound or sore that does not heal.

### Who is at Risk

Anyone can develop a foot ulcer, but at greatest risk are those with:

- Diabetic Neuropathy (loss of feeling in the foot)
- ▶ Absent or diminished pulses
- ▶ Deformity of the foot
- ▶ A history of prior foot ulcers
- Previous amputation

# The Impact

Patients with non-healing wounds or ulcers may experience chronic pain, loss of function and mobility, increased social isolation, depression and anxiety, and are at risk for hospitalization, infection, and amputation.

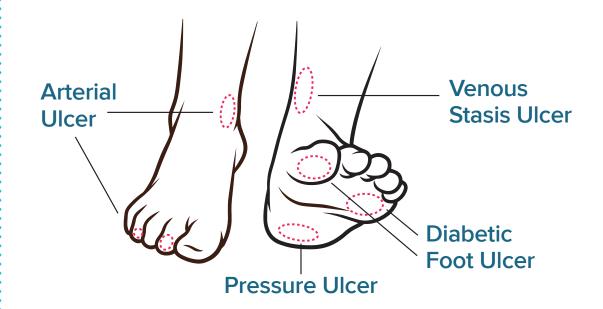


#### **Check Your Feet**



Take off your socks at your next medical appointment. Check your feet regularly for red spots, swelling, cuts, or blisters.

## **Types of Foot Wounds**



## Seek Care

The timely detection and treatment of any wound can reduce risk of amputation and improve quality of life. Chronic, non-healing wounds need advanced wound care. Find a local Wound Care Center®, where healing happens.





Wound Care Centers® offer improved healing through advanced treatments.



